

# Class Schedule

Students have a full day of academic and athletic activities at Peak Academy. A sample school week can look like this model.

<b>Time</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>8:15 – 9:00</b>	<b>Life Skills</b>	<b>Arts</b>	<b>Arts</b>	<b>Arts</b>	<b>Reading</b>
<b>9:00 – 10:00</b>	<b>Math</b>	<b>Math</b>	<b>Math</b>	<b>Math</b>	<b>Math</b>
<b>10:00 – 11:00</b>	<b>English</b>	<b>English</b>	<b>English</b>	<b>English</b>	<b>English</b>
<b>11:00 – 12:00</b>	<b>GYM Training</b>	<b>GYM Training</b>	<b>GYM Training</b>	<b>Hockey</b>	<b>GYM Training</b>
<b>12:00 – 12:20</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
<b>12:20 – 12:50</b>	<b>RECESS</b>	<b>RECESS</b>	<b>RECESS</b>	<b>RECESS</b>	<b>RECESS</b>
<b>1:00 – 2:00</b>	<b>Hockey/ French</b>	<b>Hockey/ French</b>	<b>Hockey/ French</b>	<b>GYM Training</b>	<b>Drama</b>
<b>2:00 – 2:45</b>	<b>Science</b>	<b>Science</b>	<b>Science</b>	<b>Science</b>	<b>Science</b>
<b>2:45 – 3:30</b>	<b>Drama</b>	<b>Social Studies</b>	<b>Social Studies</b>	<b>French</b>	<b>Music</b>
<b>3:30 – 4:15</b>	<b>Phys. Ed.</b>	<b>Phys. Ed.</b>	<b>Phys. Ed.</b>	<b>Phys. Ed.</b>	<b>Phys. Ed.</b>
<b>Pick-up 4:15 – 5:45</b>	<b>Activities/ Quiet Study</b>	<b>Activities/ Quiet Study</b>	<b>Activities/ Quiet Study</b>	<b>Activities/ Quiet Study</b>	<b>Activities/ Quiet Study</b>

Parents receive an updated weekly schedule, as flexibility of scheduling is a must to meet the demands of our students. The schedule is built around the needs of our students; our philosophy of addressing the requirements of our students is our highest importance. Students at Peak Academy have a formal lunch period but we have realised the necessity of granting eating privilege throughout the day. The students are encouraged to eat many nutritious snacks whenever they have the urged.